



# Prepare for check-in

## Security guidelines

**With a little preparation, there's a lot you can do to make sure your journey through airport security is as quick and hassle-free as possible. Here are a few things to consider.**

### What can I take?

Security is really important in air travel, and making sure passengers only bring on board appropriate items is one of our biggest responsibilities. Knowing what's allowed and what's not allowed before you arrive could save you, and other passengers, time and inconvenience.

### Drinks

You're welcome to take drinks in cans, bottles, plastic containers and cartons, but these can't be over 100ml. They also need to be carried in a transparent and re-sealable bag. The size of the bag must be no larger than 20cm x 20cm and is restricted to one per person. Remember, once through security you can buy drinks in the departure area to take on to the plane. Drinks that are open or that you are consuming prior to the Security checkpoint cannot be carried through and must be fully consumed or discarded.

### Food

You can carry fruit, vegetables and all solid foods in your hand baggage. However, foods in sauces or with a high liquid content (such as sauces, pastes, soups and stews) need to go in the same transparent bag as any liquids, creams, gels and pastes. The size of container must not exceed

100ml, regardless of the amount contained inside. Please note that jams, honey and other preserves are also subject to these restrictions.

### Baby products

Only carry what you need for the trip. Wet wipes and powdered baby food are fine, but you'll be asked to taste the following:

- Baby milk
- Sterilised water
- Baby juice
- Baby food in liquid, gel or paste form

You will be asked to taste 50% of the containers. So if you are carrying four bottles of milk, two will need to be opened and tested. When bringing pushchairs, prams or buggies, you'll need to lift your child out during X-ray checks. You can take infants' car seats on to the plane.

### Electrical items

At some airport security checkpoints you may be asked you to remove MP3 and CD players, portable DVD players and laptops from your baggage to be screened separately. Digital cameras and mobile phones can stay in your hand baggage or jacket to be X-rayed. You can also bring gas hair tongs, but remember you cannot carry any spare gas refills in either your hold or hand baggage.



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### Cosmetics and toiletries

You can bring solid deodorants, lipsticks, brushes, combs and toothbrushes on board. Disposable contact lenses (in sealed packaging) are also allowed, as are non-disposable lenses with a small amount of solution (less than 100ml container limit applies). Only razors where the blade is fully and permanently enclosed and razor cartridges are allowed in hand baggage.

The following products must be in containers less than 100ml, and must also go in a transparent bag (20cm x 20cm), along with any liquids, creams, gels and pastes:

- Hairspray and other aerosol items
- Creams
- Roll-on deodorants
- Sun-tanning products
- Lip gloss or lip balms
- Liquid soap
- Toothpaste
- Mascara
- Contact lens solution

### Medicines and medical equipment

Medicines can't exceed the 100ml maximum, and must be kept in a transparent, re-sealable bag. There's no limit for powder or pills. If your medical needs mean you must carry more, you'll need approval from your airline. Always carry your prescription with you, or a statement from a medical professional.

Insulin, epipen, hypodermic needles and medicines must be tested and verified by the passenger, as must children's medicine.

Please check with your airline about your requirements before travelling, but be reassured that if you have a genuine medical condition (supported by a letter from your GP or hospital) then there should be no problem with taking such items on board the plane. However, please ensure you get the consent of the airline with whom you are travelling.

Please pack any equipment that you need responsibly to minimise the likelihood of security staff incurring puncture wounds. Please notify our security staff that your hand baggage contains your equipment when you present it at security control.

Inhalers are allowed in hand baggage, but you must pack spare canisters in your hold baggage. As for essential medical equipment, you'll need prior approval from your airline, unless it fits within your hand baggage. Please clearly mark it 'essential medical equipment'.

Remember, non-prescription medicines for children and adults can be purchased after you've gone through security.



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### Smoking materials

Cigarettes and other tobacco products are all allowed in hand baggage. Please note matches and lighters are not allowed in hand or checked in baggage. You may take a single butane lighter or a box of safety matches on board the aircraft but only if carried on your person. Zippo lighters are also allowed as your one lighter.

**Smoking is not permitted inside the terminal building.**

### Writing materials

Ball point pens, rollerball pens, gel pens and pencils are allowed, as are fountain pens with a single open cartridge in use, but any refills cannot exceed 100ml.

### Miscellaneous

Books, puzzles, games and stickers may be taken on board. Hat boxes, sports equipment and wedding dresses all constitute an item of hand baggage. However, these must fit within the baggage size and weight restrictions. Please check with your airline if in doubt. You can bring musical instruments in addition to your hand baggage allowance.

### Sharp and prohibited items

The following items are forbidden in hand baggage:

- Toy or replica guns (including water pistols)
- Catapults or slingshots
- Razor blades
- Sports bats, clubs or cues

- Scissors (Except round-ended blades or blades less than 3cm long)
- Knives
- Tools
- Darts
- Metal cutlery
- Hypodermic syringes (unless for medical reasons)
- Skateboards
- Christmas crackers
- Party poppers
- Golf type umbrellas
- Items that could be used as a potential weapon

This is not an exhaustive list, and if in doubt please check with your airline.

Forbidden anywhere on the aircraft:

- Acids
- Poisons
- Flammable liquids
- Explosives
- Matches or lighters (except on your person)
- Bleach
- Incapacitating sprays
- Ignitable gas devices
- Compressed gas



# Prepare for check-in

## Travelling checklist

**The more you know about our check-in and security processes, the easier it will be to pass through as fast and hassle free as possible.**

### Before leaving home

- Make sure you know your baggage allowance and size restrictions for both hand baggage and baggage you are checking in. Remember, these may differ between airlines, so check with them.
- Limit your hand baggage to items you really think you'll need on board.
- Remember, all liquids, aerosols and gels in your hand baggage need to fit in a transparent and re-sealable bag, 20cm x 20cm (8 inches x 8 inches). Check details for medical and dietary exemptions.
- Plan to arrive at the airport early, just in case you need extra time at security.
- Contact your airline if you have any queries about how everything works.

### Check-in

- If you're unsure, you can check the size of your hand baggage in gauges by the check-in desks.
- You'll be asked questions about your baggage contents.
- We recommend you move straight to security after checking-in, just in case of any delays.

### Going through security

- Be prepared. For example, have your passport, boarding pass and any transparent re-sealable bags ready for inspection.

- If you're carrying any liquid medicines or baby foods in your hand baggage, take them out for inspection.
- Remember, you can leave keys, coins, wallets and mobile phones in your jacket or coat pockets, but take off your coat while you're in the queue so you're ready for the X-ray machines.
- Large electrical items, such as laptops, will need to go through X-ray machines separately, so get them ready by taking them out of your hand luggage.
- Don't forget, you might need to take your shoes off.
- Your coat, transparent bag (including medicines) and, if asked, your shoes all need to go in one tray, but your large electrical items will go through in another.
- You will probably be asked to sample items from your plastic bag either by tasting them or by rubbing them on your skin, to make sure they're safe.
- Staff may search your bags after the X-ray, and you may be asked to undergo a body search.

### In the departure lounge

- Anything you buy in the departure lounge, you can take on to the aeroplane.
- If you're travelling within the EU, you can buy items and then arrange to pick them up on your return trip. Ask a member of staff about this free shopping collection service.

### At the gate

- If you're travelling to the US, you might come across further security checks at the gate before boarding.